

To Whom It May Concern,

It was our privilege to have Teresa Coelho, the founder of “Power of Modesty”, to be the girl’s speaker for our Choices Program this year. She did an outstanding job of connecting with the girls, bringing the information down to their level and making the information applicable to what they are dealing with. Most importantly, Teresa wanted to share the power of Christ and the joy and satisfaction He can bring to their lives.

Teresa shared on the following topics at Friends Christian Middle School: Choosing Christ; Relationships with God, Parents, Siblings, Peers and Boys; Modesty; Purity; Addictions; Media Influence; Technology Choices; Choosing Purpose – Christ over Culture.

Each day after the program there were several girls who wanted to stay behind and speak with Teresa about their struggles. Her personality invites others to share and feel comfortable. The best compliment I can give Teresa is this – her heart for Christ shows every day! Teresa used upbeat Christian music as the girls entered the room every day. She dressed fashionably and trendy to invite connection with the girls and she also used DVD’s to aid in her presentation.

You won’t be disappointed to have Teresa speak with your youth about life choices and the power that Christ offers to each one of them. Please feel free to call me if you have any questions.

In Christ,



Larry Lewis  
Principal